



HORSE BEHAVIOURIST & TRAINER

EDIE NEILL

— INTRODUCES —

ZONAL TRAINING



Eddie Neill

Born in New Zealand and raised on the family farm, Eddie has been breeding and training horses since childhood; she extensively rode for New Zealand (1988-99) and has frequently coached International teams to success. She continues to train many International riders and plays a key role in developing others to International level. Eddie is a distinction graduate, Massey University, qualified Sports Coach, accredited Umpire and holds Agriculture NZ Level 4 Diploma in Pasture Management and Science.

Eddie's riding and horsemanship skills have developed through first-hand experience in a vast range of

equine disciplines and sports across the world. The thousands of horses Eddie has started, trained and worked with at home and on her travels have led her to develop her unique style of Zonal Training for horse and rider.

Eddie's exceptional ability to immediately recognise the strengths and weaknesses in a horse and rider combination allows her to pinpoint how each individual relationship can be made to gel. Using the very basics of Zonal Training, Eddie can evaluate, correct and encourage horse and rider partnerships to work more harmoniously together.



Zonal Training - Simplicity in Horsemanship

Through many years of experience and her natural ability with horses, Edie has come to develop a unique system of horsemanship - Zonal Training. Edie explains: "by hearing what the horse is trying to tell you, you can begin to understand how to help the horse progress."

Zonal Training is an easy to understand concept

which biomechanically divides the horse into zones then systematically activates each zone, enabling the horse and rider to move in a confident, relaxed and harmonious state.

The aim of Zonal Training is to activate the mind of both horse and rider so that a greater understanding can be reached.



The four major zones of the horse are:

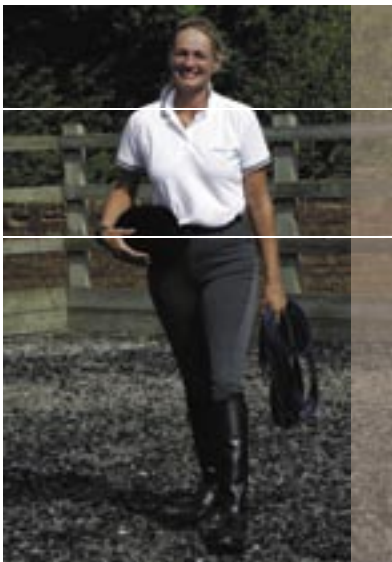
1. **FRONT** (the head, neck, shoulders and front legs)
2. **BARREL** (the middle of the horse, back and under-carriage)
3. **HIND** (the hind quarters and back legs)
4. **PSYCHOLOGICAL** (the mind and learning process)



By establishing this ability to connect the major zones we are able to develop a happy, willing and capable relationship with our equine partner.

The major zones are the very basis of the Zonal Training system. Within each of the major zones there are many sub-zones that relate to more specific areas of control.

The major zones are the bases to establishing a partnership that allows us to move together forward, where and when we want. By using the horseman's zones and the horse's sub-zones we create the outline we desire the horse to move in, whether that is for jumping, dressage, hacking, western, endurance, polo or any discipline or task.



The four major zones of the rider are:

For the horse to focus and understand the questions we are posing to him the horseman must be aware of the four major zones.

- 1. LEGS AND PELVIS**
- 2. TORSO**
- 3. HEAD**
- 4. PSYCHOLOGICAL**



Horse Training

Horses can be taken in by Edie for backing/starting, re-training or schooling at her purpose built stables near Ongar in Essex. The facilities available include a 60x20 soft track manege, a sand school, training/jumping field, off road hacking and all-year turnout in individual paddocks.



Zonal Training considers every aspect of the horse's behaviour, not just the riding element. Edie's philosophy is that a horse which is bad mannered when groomed, shod and handled from the ground will continue this behaviour when ridden. It is also important to consider Zonal Training whenever handling a horse, remaining consistent throughout schooling and hacking-out, with particular attention paid to diet and physical and mental well-being.

Horses taken for training will stay for an agreed period of time where the horse will follow a programme of work and the rider can also learn together with the horse to reinforce the process. This will ensure that the philosophy that the horse comes to rely on from the horseman continues after he has returned home and that the horse does not revert back to his old ways.



Demonstrations

Edie's demonstrations will introduce you to the world of Zonal Training with your horse, whatever his type, breed, age or attitude. The demonstrations are engaging and easy to understand. They can be tailored specifically to your needs, from exploring basic ground control of your horse to complex ridden Zonal conversations, creating a true partnership between horse and rider.

Private Lessons and Clinics

Lessons and clinics are also available for horse and rider in all disciplines and for all ages. Private training sessions encourage a horse and rider to work confidently together as a team moving toward their goal. The team should be happy, relaxed and enjoying the ride, be it for intense competition or a gentle hack.

Day clinics have proved to be very popular with small groups of riders of similar ability. Edie creates a relaxed learning environment where the sessions are structured towards helping the participants reach their individual goals within the group.

Edie has trained and coached riders at advanced and elite levels in a variety of disciplines. For those eager to receive training at an advanced level, Edie is available to work with horse and rider to help improve performance and results.

For more information and bookings please contact us at:

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